



International Journal of Research in Humanities and Social Sciences (IJRHS)

(Online & Print International, Peer Reviewed, Refereed & Indexed Monthly Journal)

ISSN: 2320-771X (o) & 2347-5404 (p)

Website: www.ijrhs.net | Email: editor@ijrhs.net

Date: 10 December 2023

To,
Krithika. V

Subject: Confirmation of Research Paper Publication

Dear Krithika,

We are pleased to confirm that your research paper titled **“Neuro-Emotional Regulation and Microbiome Restoration in Lifestyle Disorders: A Case-Based Integrative Intervention Study”** has been successfully published in the International Journal of Research in Humanities and Social Sciences (IJRHS), Volume 11, Issue 12, December 2023, with ISSN: ISSN: 2320-771X (O) & 2347-5404 (P), Impact Factor: 5.761

Your paper is now available online at: [Link](#)

Page No: 30-44

DOI: <https://doi.org/10.63345/ijrhs.net.v11.i12.1>

The editorial board extends its sincere appreciation for your valuable contribution to our journal. Your research work demonstrates a high standard of academic excellence and adds significant value to the journal.

We congratulate you on this achievement and look forward to your continued association with IJRHS in future publications.

With best regards,

Editor-in-Chief

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